

SPECIAL WORKSHOP WITH CHRIS LUTH

Chris Luth is an internationally recognised Tai Chi Master who began his martial training in his youth in 1969.... and Qigong, Taoist studies & Tai Chi Chuan in 1974 with Grandmaster Liu Chen Huan... and has pursued further studies with over 2 dozen other Masters & Grandmasters since then.



He is a member of the U.S.A. Martial Arts Hall of Fame... a 2 time U.S. National Tai Chi Champion with titles won in both "Forms" & "Tui Shou/Push Hands"... and with 30 years judging experience, is Head Judge & Referee for Tai Chi in Chinese Martial Arts Competitions in the U.S.

Over the past 40+ years teaching throughout Europe, North & Central America, Australia & Asia.... Chris has conducted hundreds of workshops and has produced dozens of his immersive "Chi Gong & Tai Chi In Paradise" Retreats in exotic locations around the globe.

Synthesizing what he has learned over the last 45+ years while studying with numerous Masters & Grandmasters..... Chris teaches his Tai Chi & Chi Gong from a "Principle"... & "Internal Energy" based standpoint, which allows his teachings to be applied effectively to any "style" or "level" of practitioner....with profound results. Additionally, from his own life experiences, he has a strong belief in the power of Tai Chi & Chi Gong to improve our daily lives and personal relationships..... and therefore has always given extra focus to developing special exercises and techniques that allow us to understand how to use these arts to positively affect our daily lives. More info at www.ChrisLuthTaiChi.com - www.ChiGongTaiChiInParadise.com

Our workshop will include

- + QIGONG, AWARENESS & ENERGY EXERCISES for TAI CHI FORM PRACTICE
- + PSYCHO-ENERGETIC CHI GONG (Qigong for Emotional Well-Being)
- + TAI CHI FORM "PRINCIPLES"..... EXPLORING & EXPERIENCING!
- + BODY STRUCTURE FOR TAI CHI FORM & CHI GONG



BRISBANE ONLY - Saturday 9th March

1pm – 4pm ~ \$60 ~ bookings preferred

The Teneriffe Community Place

17 Skyring Terrace corner of Commercial Rd
Near Teneriffe Ferry and City Glider Bus stops
There is limited street parking in the area

Australian Academy of Tai Chi, Qld - WWW.LIVINGCHI.COM.AU

BOOKING FORM

Name _____

Address _____

Address _____ Postcode _____

Phone (H) _____ Mobile _____

Email _____

Who is your instructor _____ Level _____

Location _____ Notes _____

C/Card

exp ____ / ____ sign _____

1) EFT Westpac New Farm **AUSCHI 034-065 130098**

Put "*your name*" & "*Luth workshop*" as a reference.

Send confirmation email to ozchi@ozemail.com.au

2) Phone (07) 3358 1955 for credit card payment.

3) Post cheque or credit card details to

AATC-Qld, PO Box 2475 Fortitude Valley 4006

4) Pay direct to your instructor.

Amount \$ _____

THANK YOU